Table of Uses and Applications

Disease / Symptom	Main Product	Adjuvant Product	Recommended use
Skin Abscesses	OZONE OIL 1200 PV		Soak sterile gauze with OZONE OIL 1200 PV, apply it over the abscess, and then cover the wound with sterile secondary dressing. Repeat the process every 24h until full resolution. Applying high PVs will only be useful as long as severe infection exists. In the healing phases, after eradication of the severe infectious process, the PV should be reduced to 600 and later, in the final healing phase, 400 PV.
Periodontal abscesses	OZONE OIL 600 PV		Soak sterile gauze with OZONE OIL 600 PV and apply to the abscess for 5 to 10 minutes, applying light pressure. Repeat the procedure 2 to 3 times a day.
Acne	OZONE CREAM	OZONE SOAP	Wash the affected area with OZONE SOAP and let the lather act for 2 to 3 minutes before rinsing well with running water. After gentle drying apply OZONE CREAM in circle movements until absorption.
Alveolitis (dry socket)	OZONE OIL 1200 PV	OZONE DENTAL FRESH	Soak sterilized gauze with OZONE OIL 1200 PV and apply to the socket for 5 to 10 minutes, applying light pressure. Repeat the procedure 2 to 3 times a day. Daily hygiene with OZONE DENTAL FRESH. Applying high PVs will only be useful as long as severe infection exists. In healing phase, after eradication of the severe infectious process, the PV should be reduced to 600.
Balanitis Xerotica Obliterans (BXO)	OZONE OIL 600 PV	INTIMA HYGIENE	Wash the area with INTIMA HYGIENE, and rinse. After drying apply OZONE OIL 600 PV on the affected area. Perform this procedure 2 times a day.
Balanitis/Posthitis/Balanoposthitis	OZONE OIL 600 PV	INTIMA HYGIENE	Wash the area with INTIMA HYGIENE, and rinse. After drying apply OZONE OIL 600 PV on the affected area. Perform this procedure 2 times a day.
Bartholinitis	OZONE OIL 600 PV	INTIMA HYGIENE	Wash the area with INTIMA HYGIENE, and rinse. After drying apply OZONE OIL 600 PV on the affected area. Perform this procedure 2 times a day.
Candidiasis of vulva and vagina	OZONE OIL 600 PV	INTIMA HYGIENE	Wash the area with INTIMA HYGIENE, rinsing well with running water. Apply 5ml of OZONE OIL 600 PV with the help of a vaginal applicator. This procedure should be repeated 2 times a day.
Male Candidiasis	OZONE OIL 600 PV	INTIMA HYGIENE	Wash the area with INTIMA HYGIENE, and rinse. After drying apply OZONE OIL 600 PV on the affected area. Perform this procedure 2 times a day.
Candidal Stomatitis	OZONE OIL 600 PV		Soak sterile gauze with OZONE OIL 600 PV and apply to the wound for 5 to 10 minutes, applying light pressure. Repeat the procedure 2 to 3 times a day.
Comedo	OZONE OIL 600 PV	OZONE SOAP	Daily wash with warm water and OZONE SOAP. Rinse well with saline and dry carefully without rubbing; Apply OZONE OIL 600 PV onto the affected area, 2 times a day.
Atopic dermatitis (acute phase)	OZONE OIL 400 PV	SHOWER GEL	Wash the affected area with SHOWER GEL letting the lather act for about 1 to 2 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 400PV with a gentle massage. Can be used for babies, children and during pregnancy.
Atopic dermatitis (chronic phase)	OZONE BODY CREAM	SHOWER GEL	Wash the affected area with SHOWER GEL letting the lather act for about 1 to 2 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE BODY CREAM with a gentle massage.
Dermatitis herpetiformis (DH)	OZONE OIL 600 PV	SHOWER GEL	Wash the affected area with SHOWER GEL letting the lather act for about 1 to 2 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 600 PV with a gentle massage. In healing phases, in the absence of a severe infectious process, 600 PV should be used. Later, in the healing phase, 400 PV.
Seborrheic Dermatitis	OZONE BODY CREAM	SHOWER GEL	Wash the affected area with SHOWER GEL letting the lather act for about 1 to 2 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE BODY CREAM with gentle massage until complete absorption (twice a day).
Seborrheic Dermatitis (scalp/dandruff)	OZONE SHAMPOO	OZONE OIL 600 PV	Apply OZONE SHAMPOO to the scalp and wet hair, with a gentle massage. Let the lather act for 2 to 3 minutes and then rinse well. Repeat the application if necessary. In severe cases, apply OZONE OIL 600 PV to the scalp, 60 minutes before shampooing. In very aggressive cases/infections, the use of OZONE OIL 1200 PV might be useful.
Dermatophytosis	OZONE OIL 1200 PV	OZONE SOAP	Daily wash with tepid water and OZONE SOAP. Rinse well with saline and dry carefully without rubbing; Apply OZONE OIL 600 PV onto the affected area, 2 times a day.
Epidermolysis Bullosa Simplex (EBS)	OZONE OIL 400 PV	SHOWER GEL	Wash the affected area with SHOWER GEL letting the lather act for about 1 to 2 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 400 PV with a gentle massage.
Dark Circles	OZONE OIL 400 PV		Soak sterile gauze or cotton wool with OZONE OIL 400 PV and apply it to the skin, 2 times a day. Avoid contact with eyes. In case of contact with eyes, rinse immediately with plenty of water.
Bruises/Hematoma	OZONE OIL 400 PV		Apply OZONE OIL 400 PV to the affected area, 2 a 3 times a day.
Chilblains (Pernio)	OZONE CREAM		Apply OZONE CREAM to the affected area, 2 a 3 times a day.

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Complex wounds - Inflammatory Phase	OZONE OIL 1200 PV	OZONE CREAM	A daily and systematic review of the healing stage must be done. Wash the affected area with tepid water and rinse well with saline. Dry carefully without rubbing; Apply OZONE CREAM around the treatment area without a massage. Soak sterilized gauze with OZONE OIL 1200 PV and apply it to the wounded area without pressure. Occlude the wound with a sterile secondary dressing. Repeat the procedure every 24h-24h. The application of high PVs will only be useful while there is severe infection. In healing phase, after eradication of the severe infectious process, the PV should be lowered to 600 and then in the final phase of healing the PV should be 400.
Complex wounds - Proliferative Phase	OZONE OIL 600 PV	OZONE CREAM	A daily and systematic review of the healing stage must be done. Wash the affected area with tepid water and rinse well with saline. Dry carefully without rubbing; Apply OZONE CREAM around the treatment area without a massage. Soak sterilized gauze with OZONE OIL 600 PV and apply it to the wounded area without pressure. Occlude the wound with sterile secondary dressing. Repeat the procedure every 24h-24h. The application of high PVs will only be useful while there is severe infection. In healing phase, after eradication of the severe infectious process, the PV should be lowered to 600 and then in the final phase of healing the PV should be 400.
Complex wounds - Maturation Phase	OZONE OIL 400 PV	OZONE CREAM	A daily and systematic review of the healing stage must be done. Wash the affected area with tepid water and rinse well with saline. Dry carefully without rubbing; Apply OZONE CREAM around the treatment area without a massage. Soak sterilized gauze with OZONE OIL 400PV and apply it to the wounded area without pressure. Occlude the wound with sterile secondary dressing. Repeat the procedure every 24h-24h. The application of high PVs will only be useful while there is severe infection. In healing phase, after eradication of the severe infectious process, the PV should be lowered to 600 and then in the final phase of healing the PV should be 400.
Simple Wounds	OZONE CREAM	OZONE SOAP	Wash the affected area with OZONE SOAP and tepid water and rinse well with saline. Dry carefully without rubbing; Apply OZONE CREAM on the wound. Repeat 2 to 3 times daily.
Gingivitis	OZONE OIL 1200 PV	OZONE DENTAL FRESH	Soak gauze with OZONE OIL 1200 PV and gently massage it in the affected area. Leave it for a few minutes to act. Repeat 2 to 3 times daily. Daily hygiene with OZONE DENTAL FRESH.
Genital Herpes Simplex (VHS-2)	OZONE OIL 600 PV	INTIMA HYGIENE	Wash with INTIMA HYGIENE beforehand and rinse. After drying apply OZONE OIL 600 PV on the desired area. Carry out this procedure twice a day.
Herpes Labialis Simplex (VHS-1)	OZONE OIL 1200 PV		Apply OZONE OIL 1200 PV to the affected area 2 to 3 times a day.
Herpes Zoster	OZONE OIL 1200 PV	OZONE SOAP	Wash daily with warm water and OZONE SOAP. Apply OZONE OIL 1200 PV to the affected area 2 to 4 times a day. Carry out this process for 3 months after the symptoms have disappeared.
Hyperhidrosis plantar	OZONE OIL 600 PV	SHOWER GEL	Wash with SHOWER GEL and let the foam act for 1 to 2 minutes, then rinse. Afterwards apply OZONE OIL 600 PV with a gentle massage.
Plantar hyperkeratosis (callus)	OZONE CREAM		Apply OZONE CREAM to the affected area twice a day.
Lichen sclerosus	OZONE CREAM	OZONE OIL 600 PV	Apply OZONE CREAM to the affected area 2 to 4 times a day. If genital, use OZONE OIL 600 PV instead.
Lichen Planus	OZONE CREAM	OZONE OIL 600 PV	Apply OZONE CREAM to the affected area 2 to 4 times a day. If genital, use OZONE OIL 600 PV instead.
Chronic Lichen Simplex	OZONE CREAM	OZONE OIL 400 PV	Apply OZONE CREAM to the affected area 2 to 4 times a day. If genital, use OZONE OIL 400 PV instead. Note: Chronic lichen simplex is considered to be that which is resolved and this procedure is only intended to prevent relapse. In some severe cases, Ozone Oil 600 PVs should be used.
Systemic Lupus Erythematosus (SLE)	OZONE CREAM	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. On dry skin apply OZONE CREAM with a gentle massage.
Mycosis	OZONE OIL 1200 PV	OZONE SOAP	Daily wash with warm water and OZONE SOAP. Apply OZONE OIL 1200 PV with a gentle massage twice a day. It is also recommended to do your daily hygiene/shower/bath with SHOWERGEL letting the lather act for 2 to 3 minutes.
Onychocryptosis (ingrown toenail)	OZONE OIL 1200 PV	OZONE SOAP	Daily wash with tepid water and OZONE SOAP. Apply OZONE OIL 1200 PV with a gauze or cotton wool onto the nail and repeat this process twice a day. In healing phase, after eradication of the severe infectious process, the PV can be lowered to 600 PV.
Onychogryphosis (thick nails)	OZONE OIL 1200 PV	OZONE SOAP	Daily wash with tepid water and OZONE SOAP. Apply OZONE OIL 1200 PV with a gauze or cotton wool onto the nail and repeat this process twice a day. Favours subsequent debridement of the nail.
Onychomycosis	OZONE OIL 1200 PV	OZONE SOAP	Daily wash with tepid water and OZONE SOAP. Apply OZONE OIL 1200 PV with a gentle massage twice a day. It is also recommended to do daily hygiene/shower/bath with SHOWERGEL letting the lather act for 2 to 3 minutes.

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Otitis	OZONE OIL 600 PV		Apply 1 to 2 drops of OZONE OIL 600 PV 3 times a day.
Pemphigus foliaceus	OZONE OIL 400 PV	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 400 PV with a gentle massage.
Bullous pemphigoid	OZONE OIL 400 PV	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 400 PV with a gentle massage.
Pemphigoid, gestational	OZONE OIL 400 PV	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE OIL 400 PV with a gentle massage.
Pericoronitis	OZONE OIL 1200 PV		Impregnate a cotton bud with OZONE OIL 1200 PV and apply to the affected area for 2 to 3 minutes, applying light pressure. Repeat the procedure 2 to 3 times a day.
Pruritus	OZONE BODY CREAM	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE BODY CREAM with a gentle massage.
Burn (1st and 2nd degree)	OZONE CREAM		Apply OZONE CREAM twice a day into the affected area.
Sunburn	OZONE BODY CREAM	SHOWER GEL	Apply OZONE BODY CREAM with a gentle massage until full absorption twice a day.
Tinea Barbae	OZONE OIL 1200 PV	OZONE SOAP	Wash with OZONE SOAP letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. On dry skin apply OZONE OIL 1200 PV with a gentle massage. Perform this procedure 2 times a day.
Tinea Capitis	OZONE SHAMPOO	OZONE OIL 1200 PV	Apply OZONE SHAMPOO to scalp and wet hair with gentle massage. Leave on for 2 to 3 minutes, then rinse thoroughly. Repeat application if necessary. In severe cases, apply OZONE OIL 1200 PV to scalp 60 minutes before shampooing.
Tinea Corporis	OZONE BODY CREAM	OZONE OIL 1200 PV	Apply OZONE BODY CREAM with a gentle massage and until full absorption twice a day. If necessary, and in the most affected areas, apply OZONE OIL 1200 PV before and massage until completely absorbed.
Tinea Cruris	OZONE OIL 600 PV	INTIMA HYGIENE	Apply OZONE OIL 600 PV twice a day. If genital, wash with INTIMA HYGIENE, rinse and dry before using the oil.
Tinea Pedis (Athlete's Foot)	OZONE OIL 1200 PV	OZONE SOAP	Wash daily with warm water and OZONE SOAP. Apply OZONE OIL 1200 PV to the affected area twice a day. It is recommended to do daily hygiene/shower/bath with SHOWER GEL leaving it acting during 1 to 2 minutes, and rinse. It can also be combined with OZONE CREAM performing a gentle massage, 2 times a day.
Recurrent Oral Ulceration (Canker sores)	OZONE OIL 1200 PV		Impregnate a cotton bud with OZONE OIL 1200 PV and apply to the affected area for 2 to 3 minutes, applying light pressure. Repeat the procedure 2 to 3 times a day.
Urticaria	OZONE BODY CREAM	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Rinse well with running water and pat or blot your skin gently. Apply OZONE BODY CREAM with a gentle massage.
Varicella-zoster	OZONE OIL 1200 PV	SHOWER GEL	Wash with SHOWER GEL letting the lather act for 2 to 3 minutes. Dry without rubbing, then apply OZONE OIL 1200 PV on the "blisters/eruptions" and let it absorb.
Plantar wart	OZONE OIL 1200 PV	OZONE SOAP	Wash daily with warm water and OZONE SOAP. Apply OZONE OIL 1200 PV to the affected area twice a day.
Vulvovaginitis	OZONE OIL 600 PV	INTIMA HYGIENE	Wash with INTIMA HYGIENE beforehand and rinse. After drying apply OZONE OIL 600 PV with a gentle massage. Carry out this procedure twice a day.